

Compact Checklist: Cleaning & Hygiene for Off-Grid Travel

Quick Buying Guide for Campsites, Vanlife & No-Plumbing Situations

HYGIENE ESSENTIALS

Stay Clean Anywhere, No Shower Required

- Biodegradable soap sheets or travel-size concentrate
- Compact, quick-dry microfiber towel (anti-odor)
- Rinse-free body wipes for full-body refresh
- Portable handwash kit: squeeze bottle + drip tray
- Foldable wash basin or silicone bowl

TOILET & SANITATION GEAR

No-Facility Waste Management

- Collapsible trowel for digging catholes or greywater pits
- Eco-friendly toilet paper or washable cloth wipes
- Sealable toilet bags (wag bags) for odor control
- Zip pouches or odor-proof trash sacks
- Clip-on hand sanitizer for quick use

PACKING & SAFETY TIPS

Stay Organized, Clean & Leave No Trace

- Store soaps and wipes in waterproof dry bags
- Color-code hygiene pouches to avoid mix-ups
- Label refill bottles to prevent cross-contamination
- Always pack out used wipes and waste bags
- Keep hygiene gear away from food or cooking kits

WHY THIS CHECKLIST WORKS

Snapshot for Off-Grid Setups

- Tailored for wild camping, road life, and low-resource travel
- Covers only portable, eco-safe, and space-saving gear
- Complements our Off-Grid Hygiene How-To Guide for setup tips
- Designed to keep you fresh, efficient, and ready for nature