

# Compact Travel Checklist for Plane & Hotel Travel

Smart Comfort & Tech Essentials for Frequent Flyers

## Comfort Essentials

- Neck-support travel pillow
- Sleep eye mask with contoured shape
- Compact white noise machine or app
- Foldable lightweight blanket or scarf

## Smart Tech & Utilities

- Noise-canceling earbuds or headphones
- Tile or AirTag Bluetooth tracker
- Foldable laptop stand (for hotel desk use)
- Universal plug adapter (airline/hotel safe)
- Compact USB-C wall charger (multi-port)

## Packing Tools

- Compression packing cubes
- Zippered pouches for tech & toiletries
- Waterproof toiletry bag (TSA-ready)
- Travel-size hand sanitizer + wipes

## Quick Travel Tips

- Keep a spare charger in your personal item
- Use mesh bags to separate clean/dirty socks & underwear
- Pre-download media and boarding passes
- Always pack one full outfit in carry-on in case of delays