

Compact Checklist: Oral Care Gadgets in 2025

High-Tech Tools for Dental Hygiene, Whitening & Gum Health

Smart Brushes & Flossers

- Electric toothbrush with pressure sensor + app tracking
- Cordless water flosser with pulsing modes
- Sonic toothbrush with travel case

Add-On Oral Tech

- UV toothbrush sterilizer
- Bluetooth brushing coach or mirror display
- Whitening LED mouthpiece

Buying Tips

- Check battery life & USB charging compatibility
- Look for soft-bristle heads for gum sensitivity
- Replace brush heads every 3 months

Compact Care Extras

- Travel-sized rinse bottle
- Toothpaste dispenser or pod kit
- Breath spray with antibacterial action