## **Compact Checklist: Ergonomic Chairs for Small Spaces**

Supportive and space-saving seating options for optimized posture and comfort.

## **Back Support Features**

- Adjustable lumbar support for lower back relief
- High-back chairs for full spine alignment
- Memory foam cushions with ergonomic contouring

## **Adjustability Options**

- Height and tilt lock adjustment to suit different desks
- Flip-up or removable armrests to fit smaller spaces
- Recline tension control for customized leaning comfort

## **Compact Design Benefits**

- Slim profiles and mesh backs for breathable comfort
- Rolling casters suitable for carpet or hard floors
- Foldable or lightweight frames for easy repositioning